

Havering and East London Ramblers



www.haveringeastlondonramblers.btck.co.uk

Mobile number 07583532309

**Programme and Newsletter
December-March 2014**

Chairman's Notes



I'm pleased to announce that John Smith was elected to be Treasurer at our recent AGM.

This year's Christmas lunch will be held on Tuesday, 17 December at Ye Olde Plough House, Bulphan. Please complete the enclosed booking form and return it to Coral O'Neill as soon as possible. A pre-dinner walk is available for those who wish to avail themselves.

Next Easters coach ramble will be on Tuesday, 15 April 2014, so please make a note in your diary. This time we are off to Dedham and Flatford Mill in Suffolk.

Our recent plea for more walk leaders has resulted in a trickle of new volunteers. A big thank you to all those individuals. This will certainly ease the burden on our hard working Walks Secretary.

Secretary's Report

The Area AGM for 2014, hosted by Brentwood Group, will be held on February 8th at Stock Village hall. Time to be confirmed. There is normally a walk after the meeting.

Havering Footpath & Countryside Officer

Footpath Maintenance Working Party

Thank you from me and Havering Council to everyone who has already helped with footpath maintenance.

There are further opportunities next year for you to join in this worthwhile activity. Provisional date is the 14th March 2014.

Our usual meeting time is 9.45am near where we will be working and we usually finish by 1pm.

Information about the jobs will be available from me on a monthly basis.

It would be very helpful if Ramblers would let me know of footpaths in Havering where they feel work needs to be done.

Footpath Maintenance Working Party (contd)

NB: As an additional reminder we are continuing to include the Provisional dates of the Footpath maintenance working parties to the body of the programme. We hope that this will help all walkers to plan a date when they can participate in one of the working parties. A clear path makes it much easier for all members.

The closing date for the next programme is the 25th February 2014

It would be much appreciated if you could supply your walks as soon possible especially if you require a specific date. Our drop dead date is the **25th February 2014** but please remember the later you leave it the likelihood the dates that you require will be more restricted.

If you would like to lead a walk on the next programme, please contact a member of the committee who I am sure will be happy to help you.

Can you please give your walk for the next programme to either Peter O'Neill on 01708 455626 or Peter Rees on 01708 445177 or peter.rees50@btinternet.com

The committee would like to thank all the people who have given up their time to lead walks for us all.

Although it is getting more and more difficult to fill the walks programme, we have managed to fill all appropriate walk dates in this programme, but please remember that we are always in need of people to lead our walks and that if we have no leaders we have no walks!



Photo by Beryl

Web Site

We have several ways of communicating with you, our member. three times a year we publish our programme and make it available by e mail or download from the web site. Monthly we circulate the Essex Area Update, and information about important changes, such as walk cancellations, which are sadly to be expected during the winter. We use e mail to do this. If you do not get our updates by e mail, and would like to, just send an e mail to the address on the front of this programme.

If you would like an item on the web site, or an achievement featured please let me know, and I will see what can be done.

If you are having difficulty accessing a page do let me know.. It could be unique to your set up, but could be more widespread. Could you include the Browser (Internet explorer, Firefox etc.) and the Operating system (Windows XP, Vista, Windows 8 etc.) and I will have a look

All walks

If the weather is inclement, it is important to either check our web site as noted on page 1 or contact the leader to see if the walk will take place.

Please Telephone the walk leader direct for specific walk related queries before phoning group mobile phone number.

Please check for the availability of public transport on the TFL web site, before travelling at weekends to allow for the planning of alternative routes.

Car share

Please car share where possible, as parking is often quite limited.

Walking with the Ramblers

‘All sporting activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is therefore important that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to occur’.

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Dogs on walks *

We have been informed by Ramblers Head Office that we need to comply with the Disability Equality Act (2010).

We will continue to let Walks Leaders decide whether it is appropriate to allow dogs to participate in their walks, but even in cases where it is decided not to allow dogs to participate in a particular walk, we must allow registered assistance dogs to participate with their owners e.g guide, hearing, service, therapy and seizure alert dogs.

As a general rule only “Registered Assistance Dogs” will be allowed on walks unless the Walks Leader specifies that dogs are welcome.

Havering and East London Ramblers Association Committee Members

Chair :

Peter O'Neill

Secretary:

Ken Richards, 26 Arundel Road

01708 375559

Harold Wood. Romford.

RM3 0RT

Treasurer:

John Smith

Membership Secretary:

Diane Biggadike.

Walks Secretary:

Peter Rees

Havering Footpath & Countryside Officer

Joan Bullivant

Barking & Dagenham Footpath Secretary

Michael Cullen*

01708 379583

Newham Footpath & Countryside Officer

John Buckle

Webmaster:

Peter Owen

** Not a committee member*

As you read through this walks programme you will hopefully be thinking about the walks that you plan to put on the next programme. To facilitate getting dates that suit you we are happy to accept walks from the 4th April.

Sun 1 December 9:0am

Tony Rowe

Meet at Harold Wood Station at 9.00.a.m for car share to Woolwich via Dartford Crossing for walk to Greenwich, mainly along Thames Path. Plenty of lunch opportunities in Greenwich. Return along very similar route. 10 miles. Ring 01277 220057 on previous evening with any bad weather queries.

10 miles

Tues 3 December 10:0am

Norman Tolley

Meet at King George 1 V playing fields car park. The park is located 1 mile south of Brentwood on the A 128 the walk goes through the park to Ingrave, Ingrave Hall, Thorndon Park and back to King Georges' park. There is sometimes a charge for the car park, depends on the time of year. Usually £2.00 GR604 928

Registered assistance dogs only.

5.5 miles

Sat 7 December 10:15am

Roy Clemance/Maureen Collins

Meet under the clock at Waterloo Station for a train to Mortlake for a linear walk around Castlenau, the wetlands, terminating at Putney (overland) Station.

5.5 miles

Sun 8 December 10:0am**Ron Lockhart**

A figure of 8 walk around Berwick Pond Country Park.

Free parking Berwick Pond Road.

Postcode RM13 9EJ

Map Ref 175 TQ 543/836

Registered assistance dogs only.

I'm continuing to make all my walks morning walks with the choice of carrying on after lunch if people want too. This is in an effort to get short walkers to participate in Sunday walks.

6 miles

Tues 10 December 10:0am**Ron Lockhart**

The walk will go south from Berwick Woods and will take in Berwick Ponds and Albyns Pond

Postcode RM13 9EJ

Map ref 175### 543/836

Registered assistance dogs only.

6 miles

Sat 14 December 10:30am**Micky Doyle**

Meet at Liverpool Street Station at the entrance to platform 16 for an interesting walk through the East End.

8 miles

Sun 15 December 10:0am**Ron Lockhart**

Meet at Berwick Pond Country Park. Free car park

Postcode RM13 9EJ

Map Ref 175 TQ543/836

Again this is a 6 Mile walk can carry on in the afternoon if anyone requires it.

6 miles

Tues 17 December 10:0am**Norman Tolley**

Meet at Thorndon Park south car park. The Halfway House end of the park, for a walk across the park to the visitor centre and back again by a different route. The walk will finish in plenty of time to get to the Plough at Bulphan for the Christmas lunch. There is a charge of £2.20 for the carpark.

G.R. 633 899

Registered assistance dogs only.

5 miles

Tues 17 December 1:15pm

Bulphan.

Christmas lunch at Ye Olde Plough House,

Sat 21 December 9:45am

David Brooks

Christmas Hat Walk.

Meet at Upminster Station in the main entrance hall of the station for journey to Leigh-on-Sea. Travel in groups of 4 for to obtain maximum savings on fare for a walk from Leigh Station to Southend.

5 miles

Sun 22 December 10:0am

Ron Lockhart

A figure of 8 walk from Mill Green the Viper P.H
Post code CM4 0PT
Map Ref 183 TL641/018

Registered assistance dogs only.
I'm continuing to make all my walks morning walks with the choice of carrying on after lunch if people want too. This is in an effort to get short walkers to participate in Sunday walks.

6Miles

Tues 24 December

No walk planned

Sat 28 December 10:30am

Tony Hyde

Meet at Hacton Bridge for a circular walk in Hornchurch Country Park, to walk off your Christmas excess.

5.5 miles.

Sun 29 December 10:0am

Kathleen Valentine

Meet at Harold Wood Station car park for car share to Thorndon Country Park (South) for morning circular walk.

Car parking £2.20

5 miles

Wednesday 1 January 10:30am

Ken Richards

Meet at the car park in Harold Wood Park for a ramble in the Thames Chase. GR550 901.

Registered assisted dogs only.

4-5 miles.

Sat 4 January 10:30am

John Buckle

Meet at Westminster Station for a walk through Mayfair, Soho, and Covent Garden finishing at Embankment Station.

5 miles

*Yes it's that time again.
Can you please give your
walks for the next
programme to either Peter
Rees or Peter O'Neill.*

Sun 5 January 9:0am

Tony Rowe

Meet at Harold Wood Station at 9.00.a.m for car share to Debden, Essex for 8 mile circular walk that has a few gradients and can be a little muddy after heavy rain. One walker-friendly pub about halfway round walk, which I'll check nearer the date of the walk. Ring 01277 220057 on previous evening for bad weather queries.

8 miles

Tues 7 January 10:30am

John Smith

Meet at Finsbury Park Station for a linear walk through the London Parks to Alexandra Palace.

5.5 miles

Sat 11 January 10:30am

Les Cannings

Meet outside Tower Hill Station for a linear walk to Greenwich

6.5 miles

Sun 12 January 10:0am

Norman Valentine

Meet at Liverpool St. Station (on concourse by platform 18) for circular walk following Silver Jubilee Walkway (with some variation)

Packed lunch advisable

10 miles (lesser distances optional)

Tues 14 January 10:30am

Les Cannings

Meet under the clock at Waterloo Station at 10:30 for part three of the London Bridges walk this is a linear walk from Wandsworth to Hammersmith.

5 miles

Sat 18 January 10:0am

Peter O'Neill

Meet at Romford Station entrance. Walk through Lodge Farm to Bedfords Park and return. Registered assistance dogs only.

7miles (dependent upon weather conditions).

Sun 19 January 9.00 am

Sandra Dalton

Meet at Harold Wood station for car share to Blackmore. Lunch at Viper PH Mill Green or at end of walk in Blackmore if people prefer.

8-10 miles

Tues 21 January 10:0am**Peter O'Neill**

Meet at Harold Wood Park car park. Circular walk via Pages Wood, Tylers Common and Harold Park.

Registered assistance dogs only.

6 miles**Sat 25 January 10:15am****Peter Rees**

Meet at Gunpowder Park in Sewardstone Road, Waltham Abbey for a circular walk via Waltham Abbey.

Post Code EN9 3GP

Lat N51.675776° / long E0.002341°

Registered assistance dogs only.

6.3 miles**Sun 26 January 10:0am****Joan Bullivant**

Meet at Sloane Square tube station for a circular walk through Kensington, Chelsea and Battersea. Pub or café stop but advisable to bring a packed lunch.

Registered assistance dogs only.

10 miles**Tues 28 January 10:0am****John Whitten**

Meet at the South entrance to Canary Wharf Station (Jubilee Line) for walk to Limehouse Basin, along the Grand Union and Hertford Canals to Victoria Park and return via Bethnal Green (Central Line).

Registered assistance dogs only.

5.5 miles**Sat 1 February 10:30am****Norman Larsen**

Meet at Canada Water tube station booking hall for a walk to Greenwich and some local history. Thames path passing old docks, Victualling yards and through Pepys, Deptford, and Twinkle parks, finishing on the Thames path at Cutty Sark.

5.5 miles

Sun 2 February 10:0am**Norman Valentine**

Meet at Harold Wood Station car park for car share to Navestock Side (park on opposite side of the green to Alec's restaurant) for circular walk to Weald Country Park

Café in park but packed lunch advisable

9 miles

Tues 4 February 10:30am**Carol Thomas**

Meet at Morden underground station. Linear walk to Wandsworth Town. Part 2 of the Wandle Trail.

6 miles.

Sat 8 February 10:30am**John Buckle**

Meet at Island Gardens. D.L.R station for a walk to Blackheath & Greenwich Park, finishing at Cutty Sark D.L.R

5 miles

Sun 9 February 9:0am**Tony Rowe**

Meet at Harold Wood Station at 9.00.a.m. for car share to Limpsfield on Kent/Surrey border. Walking to Westerham, Kent, which has many lunch opportunities. Walking mainly on Greensand Way. 8 miles. Area picturesque, but certainly not entirely flat. Ring 01277 220057 on previous evening for bad weather queries.

8 miles

Tues 11 February 10:30am**John Smith**

Meet at Angel Station for a linear canal walk to Mile End.

6 Miles

Sat 15 February 10:15am**Joan Bullivant**

Meet at Queensway tube station for a linear walk through Kensington, Knightsbridge, Belgravia and Hyde Park to Marble Arch tube station. Registered assistance dogs only.

6 miles

Sun 16 February 9:0am

Joan Bullivant

Meet at Harold Wood station car park for a car share to Halstead for a circular walk around Halstead and through the surrounding countryside. Lunch stop in Halstead.

Registered assistance dogs only.

10 miles

Tues 18 February 10:30am

John Smith

Meet at Angel Station for a linear walk to Regents Park.

6 miles

Sat 22 February 10:15

Beryl Buckler/Coral O'Neill

Meet at Waterloo Station (under the clock) for a circular walk along the Thames from Barnes Bridge to Kew Bridge and back to Barnes Bridge.

Registered assistance dogs only.

5 miles

Sun 23 February 9.00 am

Sandra Dalton

Meet at Harold Wood station for car share to Ingatestone. Walk via Ingatestone hall and Mountnessing Windmill.

Lunch at end.

8 miles

Tues 25 February 10:0am

John Whitten

Meet at the Thames Chase Forest Centre car park (£1) just off Pike Lane for a walk through the Cranham Nature Reserve, parklands, the Ingrebourne and Upminster Park and back to the Forest Centre.

Post Code RM14 3NS

Registered assistance dogs only.

6 miles

We will probably still have gaps in the next walks programme at this time. If we want to have a full programme and you think you can help can you please give your walks to either Peter Rees or Peter O'Neill.

Sat 1 March 10:30am

Ros Kendrick/Shirley Andrews

Meet at Westminster station exit 5 (Whitehall East) for a walk through the Royal Parks finishing at Hyde Park Corner.

Cafe stop halfway.

Registered assistance dogs only.

5.5 miles

Sun 2 March 9:0am

Joan Bullivant

Meet at Harold Wood station car park for a car share to Bedfords Park for a circular walk through local country parks. Pub or café stop but advisable to bring a packed lunch.

Registered assistance dogs only.

12 miles

Tues 4 March 10:0am

Phil Havis

Meet at Crays Hill

Recreation Ground C.P. (off A129). Turn left off A127 at Pippis Hill Road, just before Summerhill Nursery. This leads into Harding Elms Lane, at the junction with the A129 turn right for about 250 yards to car park entrance on right.

Walk to Ramsden Heath, via Meepshole Wood and Ramsden Heath Farm.

G.R. 708 918

Registered assistance dogs only.

6 miles

Sat 8 March 10:30am

Peter Owen

Meet in the car park off Basin Road in the Heybridge Basin (Maldon) for a circular walk towards Goldhanger.

Post Code CM9 4RR

Lat 51.730539°/Long 0.707173°

GR TL870070

5 miles

Sun 9 March 10:0am

Kathleen Valentine

Meet at Richmond Station
10.00am for a pleasant riverside
and parkland walk to Putney
Bridge station.

Lunch stop at park café.

10 miles

Tues 11 March 10:15am

Peter Rees

Meet at Hadleigh Country Park at
the car park in
Chapel Lane (£2.20 fee) in
Hadleigh for a circular walk.

Post code SS7 2PP

6 miles

Fri 14 March Provisional Date

***Footpath maintenance working
party***

Sat 15 March 10:15am

Joan Bullivant

Meet at Cockfosters tube station
for a circular walk through Trent
Country Park.

Registered assistance dogs
only.

6 miles

Sun 16 March 9:0am

Joan Bullivant

Meet at Harold Wood station car
park for a car share to Manningtree
for a circular walk around
Manningtree and through the
surrounding countryside. Lunch
stop in Manningtree.

Registered assistance dogs
only.

10 miles

Tues 18 March 10:30am

Joan Bullivant

Meet at Holland Park tube station
for a circular walk through
Holland Park, Kensington
Gardens, Hyde Park, Bayswater
and Notting Hill.

Registered assistance dogs
only.

6 miles

Sat 22 March 10:15am

Beryl Buckler/Coral O'Neill

Meet at the Cutty Sark DLR
Station for a circular walk around
Greenwich and Greenwich Park.
Registered assistance dogs only.

5 miles

Sun 23 March 10:0am

Ron Lockhart

Meet at Mill Green at the Viper
P.H

Postcode CM14 0PT

Map Ref TL641/018

Again a 6 mile Walk can be
extended if walkers request it to
carry on and do a further 4/5 in the
afternoon I will take you on some
new paths that I have just
discovered myself we never stop
learning.

6 miles

Tues 25 March 10:0am

Phil Havis

Meet at Stock Village Hall Car
Park, entrance to car park in
Common Road off B1007
Billericay to Stock Road, next to
the "Bakers Arms" P.H. Please
park at the far end of car park. For
a walk to Margaretting Tye and
Crondon Park Golf Course. (I hope
third time lucky)

G.R. 693 991

Registered assistance dogs only.

5 miles

Sat 29 March 10:30am

Doreen Tayler

Meet at East Putney Station for a
linear walk along the Thames Path
following the route of the Boat
Race to Mortlake Bridge.

5 miles

Sun 30 March 9.00 am

Sandra Dalton

Meet at Harold Wood station for
car share to One Tree Hill in Kent.
Walk via Igtham Mote and Knole
Park. Pretty walk with fine views,
ancient buildings and deer to see
along the way

Lunch at Sevenoaks. Plenty of
places to eat.

8-10 miles

Ramblers Holidays Walking Partnership



The Havering and East London Ramblers group has recently joined The Walking Partnership.

This new partnership, supported by Ramblers Worldwide Holidays, provides direct financial contributions to local walking groups to help with organising group walks, encouraging people to get out walking, helping to clear and improve footpaths, providing equipment to help walkers etc. Over the past 65 years, Ramblers Worldwide Holidays has given many millions of pounds to assist walking charities and conservation projects in Britain and the countries they visit on their worldwide holidays. Now our group can benefit directly.

Ramblers Worldwide Holidays operate group walking holidays in the UK and all around the world. Each holiday is accompanied by a qualified walks leader, so you can leave all the organising to them and just enjoy meeting like minded people and of course, some fantastic walking. Holidays are graded in terms of difficulty, and there is a full range from sightseeing right up to hut-to-hut mountain treks. Take a look at their website on www.ramblersholidays.co.uk or give them a call on 01707 33113 for more details or to order a brochure.

Remember when you book to quote the name of our group, and we will then receive a contribution of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. This extra funding could really make a difference to us



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with us, and your
walking group
benefits too.



- STEP 1** Register your group at:
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01707 386804

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Havering & East London Ramblers 2013 Christmas Lunch

CHRISTMAS LUNCH – Tuesday 17th December 2013 - 1.15pm,

**To be held at Ye Olde Plough House Brentwood Road (A128). Bulphan Essex RM14 3SR. COST £22
PER PERSON including staff gratuities.**

MENU

Starters:

Tomato & Basil Soup
Prawn Cocktail
Creamy Mushroom Tartlet
Fanned Melon with Fresh Fruit

Main Course:

Roast Turkey with Sausage Meat and Apricot Stuffing
Roast Beef with Yorkshire Pudding
Fillet of Salmon with a Creamy Leek Sauce
Nut Roast
All served with a selection of Seasonal Vegetables and Roast
Potatoes

Desserts:

Christmas Pudding Cheesecake
Profiteroles
Fresh Fruit salad
Mince Tart with a Crumble Topping & Brandy Sauce

Coffee

Please complete the booking forms and return to Mrs Coral O'Neill,
127 Haynes Road, Hornchurch RM11 2HX by **30 NOVEMBER 2013**

NAME

NO OF SEATS REQUIRED

TELEPHONE NUMBER

Total amount enclosed at £22 per person

Please make cheque for full amount payable to Havering and East London Ramblers Social Account. **ALL
ENQUIRIES TO PETER O'NEILL 01708 455626**

**We have to make our menu choice at the time of payment. Please complete this form and send to
Coral O'Neill together with the above form and your cheque.**

NAME

STARTER

MAIN COURSE

DESSERT

Walk Leaders

A big thank you to our walk leaders for their work in putting on the walks

To contact a walk leader telephone 07583532309

David Brooks	John Buckle
Joan Bullivant	Les Cannings
Roy Clemance	Sandra Dalton
Micky Doyle	Phil Havis
Tony Hyde	Ron Lockhart
Jerry O'Brien	Coral & Peter O'Neill
Don Ostle	Peter Owen
Peter Rees	Ken Richards
John Smith	Tony Rowe
Bernard Stevens	Doreen Tayler
Norman Tolley	Norman & Kath Valentine
John Whitten	Iris Jupp
Ros Kendrick	Carol Thomas
Shirley Andrews	Norman Larsen